

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



**Beef Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Bangers and Mash**  
 with Carrots & gravy

**Roast Chicken Sage & Onion Stuffing**  
 Crispy Roasties & Fresh Veggies & Gravy

**Mild Chilli Beef & Cheese Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Golden Fish Fingers (MSC)**  
 Choose Salmon or Pollock, Chips & Baked Beans



**Veggie Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Veggie Bangers and Mash,**  
 with Carrots & gravy

**Quorn Roast,**  
 Crispy Roasties & Fresh Veggies & Gravy

**Cheese & Veggie Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Crispy Bean & Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Toffee Apple Slices**  
 topped with Vanilla Ice Cream

**Crispy Chocolate Cornflake Cakes**

**Golden Syrup Sponge**

**Pineapple Upside Down Cake**

**Chewy Flapjack**

**FOOD FESTIVAL**  
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,  
 Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23  
 12/9, 3/10, 24/10, 14/11,  
 5/12, 26/12, 16/1, 6/2

# What's On The Menu?

**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



**Meat Free Monday!**  
 Choose either our tasty Margherita Pizza or our Veggie Supreme

**Classic Beef Burger**  
 in a Bun with Oven Baked Wedges & Garden Peas

**Roasted Gammon Joint**  
 Crispy Roasties, Fresh Veggies & Gravy

**Not So Spicy Chicken Tikka Masala**  
 Wholegrain Rice, Carrots & Peas

**Golden Fish Fingers (MSC)**  
 Choose Salmon or Pollock, Chips & Baked Beans



Served with Mixed salad

**Super Veggie Burger**  
 in a Bun with Oven Baked Wedges & Garden Peas

**Veggie Sausage**  
 Crispy Roasties, Fresh Veggies & Gravy

**Creamy Vegetable Korma**  
 With Wholegrain Rice, Carrots & Peas

**Crispy Bean & Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Jelly

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

**FOOD FESTIVAL**  
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23  
 19/9, 10/10, 31/10, 21/11,  
 12/12, 2/1, 23/1, 13/2

# What's On The Menu?

**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



**Cheese & Tomato Pizza Melt Baguette**  
 with Green Salad

**Toad in the Hole**  
 with Creamy Mash, Green Beans & Gravy

**Roast Chicken & Sage & Onion Stuffing**  
 with Crispy Roasties & Fresh Veggies & Gravy

**Homemade Chicken Nuggets**  
 with Oven Baked Wedges & Broccoli

**Golden Fish Fingers (MSC)**  
 Choose Salmon or Pollock, Chips & Baked Beans



**Tomato & Mozzarella Gnocchi Traybake**  
 with Green Salad

**Quorn Toad in the Hole**  
 with Creamy Mash, Green Beans & Gravy

**Quorn Roast**  
 with Crispy Roasties, Fresh Veggies & Gravy

**Crunchy Topped Macaroni Cheese**  
 with Oven Baked Wedges & Broccoli

**Baked Beans & Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Sticky Banana Pudding**

**Chocolate Oat Cake**

**Vanilla Sprinkle Sponge**

**Apple Crumble**

**Shortbread**



AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt

