



St. Philip Neri with St. Bede Physical Education Intent 2022 - 2023

Sending/Receiving
 Net/Wall
 Striking/Fielding
 Movement
 Outdoor/Adventure
 Dance

	Advent 1		Advent 2		Lent 1		Lent 2		Pentecost 1		Pentecost 2	
FS1	Introducing PE 1		Fundamentals 1		Gymnastics 1		Dance 1		Ball Skills 1		Games 1/ Athletics	
FS2	Introducing PE 2		Fundamentals 2		Gymnastics 2		Dance 2		Ball Skills 2		Games 2/Athletics	
FS2	Forest Schools		Forest Schools		Forest Schools		Forest Schools		Forest Schools		Forest Schools	
Year 1	*Gymnastics		*Gymnastics/Dance		Yoga		Invasion		Fitness		Striking and fielding	
Year 1	Forest School		Fundamental		Target Games		Sending and receiving		Ball skills		Athletics	
Year 2	Gymnastics		Yoga		Invasion		Fitness		Dance		Striking and fielding	
Year 2	Fundamental		Forest School		Target games		Sending and receiving		Ball skills		Athletics	
Year 3	Gymnastics		Dance		Basketball		Yoga		Tennis		Rounders	
Year 3	Ball skills		*Football		Forest School		*Swimming		*Swimming		*Swimming Athletics	
Year 4	Gymnastics		Hockey		Dance		Tag Rugby		Fitness		Cricket	
Year 4	*Swimming	Netball	*Swimming	Target games/ Paralympic	Swimming	Netball	Forest School		Tennis		Athletics	
Year 5	Gymnastics		Yoga		Badminton		Dance		Tennis		Rounders	
Year 5	Football		Basketball		Fitness		Target games		Forest School		Athletics	
Year 6	Gymnastics		Netball		Dance		*Tai Chi		Cricket		Athletics	
Year 6	Tag Rugby		Badminton		Hockey				Tennis		Forest School	