



St Philip Neri with St Bede Catholic Voluntary Academy

Physical Education Long Term Plan 2025-2026

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
FS1	Introducing PE 1	Fundamentals 1	Gymnastics 1	Dance 1	Ball Skills 1	Games 1/ Athletics
FS2	Introducing PE 2	Fundamentals 2	Gymnastics 2	Dance 2	Ball Skills 2	Games 2/Athletics
FS2	Forest Schools	Forest Schools	Forest Schools	Forest Schools	Forest Schools	Forest Schools
Year 1	Fundamental	Gymnastics	Dance	Invasion	Yoga	Striking and fielding
Year 1	Forest School	Team building	Target Games	Sending and receiving	Ball skills	Athletics
Year 2	Fundamental	Gymnastics	Invasion	Dance	Yoga	Striking and fielding
Year 2	Team building	Forest School	Target games	Sending and receiving	Ball skills	Athletics
Year 3	Fundamental	Gymnastics	Basketball	Swimming		
Year 3	Ball skills	Football	Forest School			
Year 4	Fundamentals	Target games	Gymnastics	Dance	Fitness	Cricket
Year 4	Hockey	Netball	Tag Rugby	Forest School	Tennis	Athletics
Year 5	Gymnastics	Yoga	Badminton	Dance	Tennis	Rounders
Year 5	Fitness	Football	Basketball	Hockey	Forest School	Athletics
Year 6	Gymnastics	Netball	Dance	Yoga	Cricket	Athletics
Year 6	Tag Rugby	Badminton	Hockey	SATS PREP	Tennis	Forest School